

Shanna Beaman

Author · Speaker · Success Strategist

Inspiring others to achieve their dreams



"Shanna Beaman is a comfortable and confident speaker who knows her stuff. She offers practical, implementable strategies for goal achievement that are simple, effective and powerful. Whether your group or organization desires improvement on motivational skills or step-by-step training on how to achieve a vision, Shanna is a woman who can help you get results."

- Jennifer Griffiths Manges, Author, Speaker & Ms. Utah US Continental 2011

Shanna is a fun and engaging speaker who will inspire and connect with your audience! She will focus on enhancing the lives and knowledge of every person in the room whether she is sharing information with a diverse audience, sales team, customer service unit or a group of teens.

Shanna's Areas of Expertise

- Daily Motivation
- Effective Goal Setting
- Time Management and Planning
- Self Confidence
- Teens
- Success Strategies for Women
- Professional Development
- Team Building

Keynote or Guest Speaker – 30 minutes to 2 hours; any size audience

Shanna will deliver an outstanding message and your audience will leave inspired and ready to take action.

Workshop - 2 to 8 hours; any size audience

Shanna will deliver exceptional training and every attendee will be fully engaged in this learning environment. They will leave with a workbook and a plan completed by them.

Training Seminar - 2 to 3 days, 8 to 24 hours; any size audience

Shanna will deliver an in-depth and dynamic message to your audience. At your request, she can invite other expert speakers and trainers to *mix it up* to ensure your audience stays focused and interested. Your audience will leave with a workbook and a plan completed by them.

The topics of the presentation will be chosen by you. The information that will be delivered will be tailored to meet the needs and desires of your company and your audience.

Shanna is the author of the inspiring book *The Woman's Guide to Living Your Dreams!* Her second book, *On Ramp to Your Future*, is remarkable and focuses on success for teens.

Shanna is a professional speaker and trainer, as well as a partner at Inspired Life Workshops and Retreats. She is the creator of, and trainer for, the Utah Publicity Summit and the Aspiring Author's Summit.

Shanna has extensive experience in many facets of leadership, management and business. She directed the start-up of two businesses and served 10 years as the COO for a successful shipping firm.

She mentored students in Utah Valley University's leadership program and is currently serving as co-chair on the UCAS School Community Council.

Shanna lives a happy and balanced life between family and work. Her passion is to share the knowledge she has acquired throughout her life with others. She encourages others to take action on their dreams through goal setting, daily motivation, time management and planning.

Book Shanna Beaman for your next convention, workshop, or training

801-556-9686 • Shanna@ShannaBeaman.com • www.ShannaBeaman.com



The Woman's Guide to Living Your Dreams! *The quick and practical guide to dream achievement.* When you follow the principles in this guide, you will be happier, more enthusiastic and energized every day! You will learn proper goal setting skills, time management principles and all about *Dream Weaving* which is your daily routine for motivation. Reading this fun and enlightening book will enable you to reach your dreams!

"This is the first book I have invested in that truly had a return. It is inspirational and assists you by providing step-by-step instructions on how to get to where you want to be. It has so much detail, yet so easy and sensible. This book does not possess the "run of the mill" tangents and rhetoric like so many other books of it's kind – it's straight to the point. After all, part of the concept is to find time to achieve your desires. If you're ready for the life you've been wanting and haven't been sure how to proceed on the journey, this is your vehicle." - Audrey C.

On Ramp to Your Future *A teens guide for a successful future.* This book will guide a teen through key principles that will help them plan their life. They will create a road map and learn how to *drive* their life. They will learn motivational techniques they can do every day to stay on track so they can build a winning future.

What makes Shanna different? Shanna knows the importance of follow up after delivering a message. Shanna offers a custom designed follow up program for your audience. You will have the opportunity to keep your audience engaged long after the live presentation has ended by opting for a follow-up program.



"This seminar inspired me to work on my goals and be committed to *Dream Weave*. I am ready to change my life!" - RuAn Wynn

"I loved the "Love Yourself, Live Your Dreams" workshop. I acquired tools that I know will help me achieve some goals that I really want to achieve." - Stephanie Macula

"I learned tangible tools to use daily, with insights that will move me forward and through obstacles. I am COMMITTED!" - Paige Holmes

Past venues and events include:

- League of Utah Writers Annual Convention
- Alzheimer's Charity Gala "Who will YOU be in 2017?"
- Get Goals Seminars
- Love Yourself; Live Your Dreams workshops
- Utah Publicity Summit
- Aspiring Author's Summit
- Isagenix Fall Training
- Women in Business
- Curves

"I thoroughly enjoyed this seminar. I came tonight to be fed with genuine inspiration and my experience far exceeded my expectations. Shanna was knowledgeable and her manner was energetic but disarming. I highly recommend this seminar and look forward to future seminars as well." - Denise Ferrell

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